

# Antarchakshu<sup>®</sup> 2.0 – The Eye Within

## Season 4 - Report

Experience the Unexplored world  
Working towards broadening awareness for an Inclusive World

By



**Xavier's Resource Centre for the Visually Challenged (XRCVC)**

St. Xavier's College, Mumbai

# Antarchakshu® 2.0 – The Eye Within

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XRCVC, St. Xavier's College, Mumbai

Supported by



Lila K. Jagtiani  
Foundation



# Antarchakshu®2.0 – The Eye Within

Season 4, Online – Adapted for Covid as also made available offline

Experience the Unexplored world

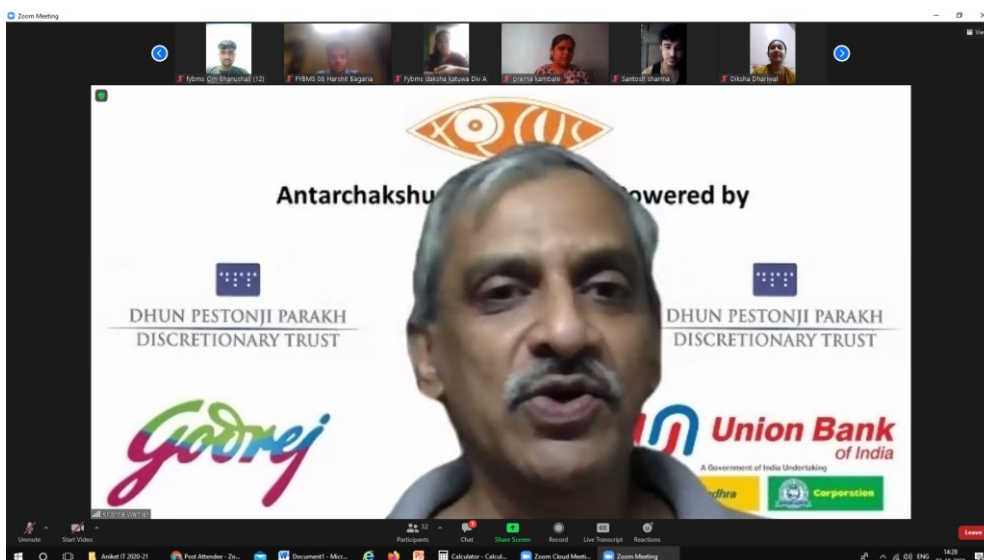
Working towards broadening awareness for an Inclusive World

Antarchakshu®2.0 — The Eye Within, conceptualised by the XRCVC, is a simulation workshop aimed at creating a sneak preview for the sighted into the world of the visually challenged. Keeping in mind, the extraordinary situation thrown up by the Covid pandemic, we have adapted the sit-down workshop model of Antarchakshu® so as to make it available through the online platform to specific target groups located anywhere across the country, and perhaps, even the world as the covid pandemic eased we also offered Antarchakshu in an offline mode as well.

Season 4 of Antarchakshu 2.0, launched on 2<sup>nd</sup> October 2021, was supported by Dhun Pestonji Parakh Discretionary Trust, Godrej Industries Limited, Union Bank of India, SBI Mutual Fund, Lila K. Jagtiani Foundation, Viviana Mall (Sheth Developers and Realtors Ltd), Lawrence & Mayo and Mendonsa Foundation and Tata Sons Private Limited.

In all 39 workshops were conducted out of which 30 workshops were online and 9 workshops were offline reaching out to 1477 participants, with the concluding one held on 30-3-2022.

As in previous seasons participants included a wide spectrum of groups including degree level students to those learning diverse skills as also working professionals and corporate employees. The primary message of all workshops was on diversity and inclusion.



The key approach during the workshops was to create a simulated experiential environment of blindness wherein participants had to undertake various activities. This experience formed the basis of further reflection and discussion around the focus areas.

Participants, through experiencing a disability simulation, learned to reflect on personal attitudes towards people with disability in general and blindness in particular.

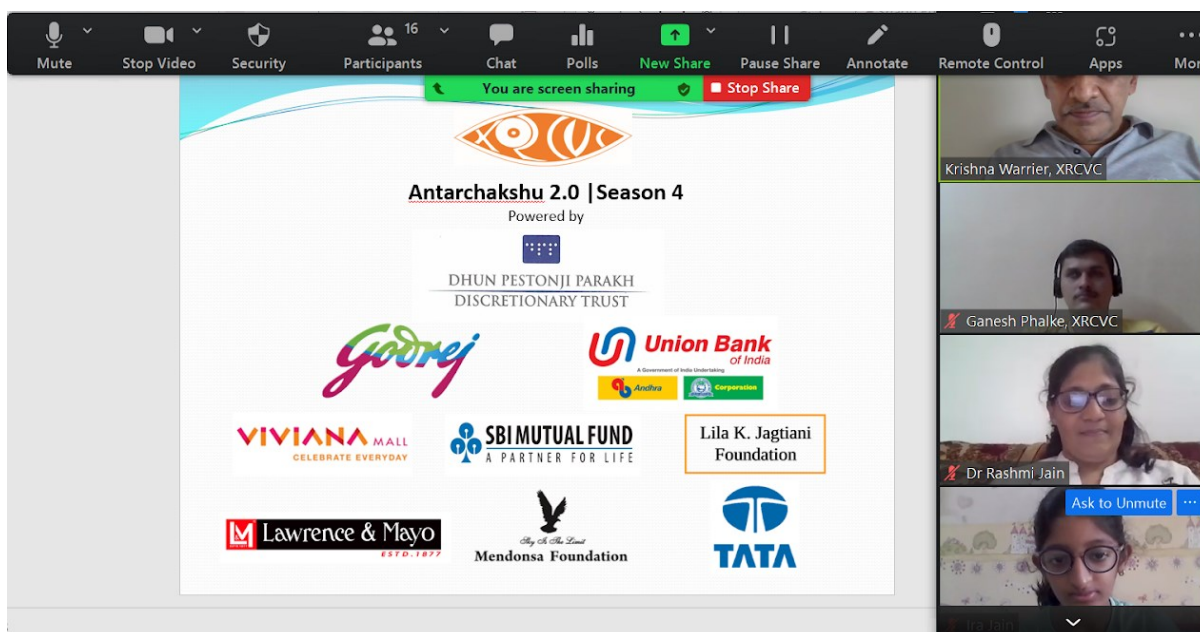
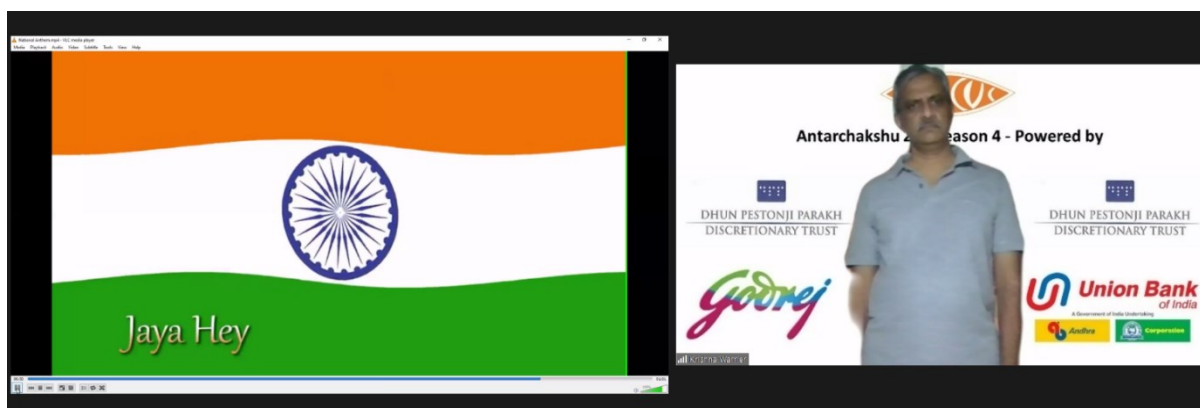
This simulation was then followed by an interactive session. The objective of the module was to equip its participants with insight, understanding and basic facts about the lives of the visually impaired, the 'How?' of their lives as also to foster an insight in developing their own personal perspective on the issue.

We mention below the Antarchakshu season 4 workshop details where due acknowledgement was given to all our supporters.

| <b>Sr. No.</b> | <b>Day and Date</b>     | <b>Group / Class</b>  | <b>No. of participants</b> | <b>Venue / Online Platform</b> |
|----------------|-------------------------|---|----------------------------|--------------------------------|
| 1              | 2-10-2021,<br>Saturday  | Students of CHM College,<br>Ulhasnagar  | 31                         | Online                         |
| 2              | 7-10-2021,<br>Thursday  | TechnoServe students  | 23                         | Online                         |
| 3              | 9-10-2021,<br>Saturday  | DLLC students from MKS College<br>Vile Parle  | 38                         | Online                         |
| 4              | 12-10-2021,<br>Tuesday  | St Xavier's College SPC FYBSc 'B'   | 97                         | Online                         |
| 5              | 14-10-2021,<br>Thursday | St Xavier's College SPC FYBSc 'A'   | 77                         | Online                         |
| 6              | 15-10-2021,<br>Friday   | Technoserve students  | 29                         | Online                         |
| 7              | 16-10-2021,<br>Saturday | St Xavier's College SPC FYBSc 'C'   | 61                         | Online                         |
| 8              | 17-10-2021,<br>Sunday   | Members of Rotaract Club of<br>Lokhandwala and Rotaract Club of<br>Jhunjhunwala College | 25                         | Online                         |
| 9              | 26-10-2021,<br>Tuesday  | St Xavier's College SPC FYBSc 'D'   | 76                         | Online                         |
| 10             | 26-10-2021,<br>Tuesday  | MA Sociology Department Mumbai<br>University  | 22                         | Online                         |
| 11             | 25-12-2021,<br>Saturday | Rotaract Club of Ghanshyamdas<br>Saraf College  | 49                         | Online                         |
| 12             | 07-01-2022,<br>Friday   | KKCOE BEd College   | 49                         | Online                         |
| 13             | 08-01-2022,<br>Saturday | Indian Medical Association (IMA),<br>Nagpur   | 18                         | Online                         |
| 14             | 11-01-2022,<br>Tuesday  | Antarchakshu 2.0 Season 4 for<br>Technoserve  | 40                         | Online                         |
| 15             | 14-01-2022,<br>Friday   | Antarchakshu 2.0 Season 4 for<br>Technoserve  | 17                         | Online                         |
| 16             | 16-01-2022,<br>Sunday   | Antarchakshu 2.0 Season 4 for Pro<br>Scholar  | 94                         | Online                         |
| 17             | 18-01-2022,<br>Tuesday  | School of Communication Studies,<br>Panjab University                                   | 51                         | Online                         |
| 18             | 21-01-2022,<br>Friday   | Technoserve Students  | 28                         | Online                         |

| <b>Sr. No.</b> | <b>Day and Date</b>      | <b>Group / Class</b>   | <b>No. of participants</b> | <b>Venue / Online Platform</b> |
|----------------|--------------------------|--|----------------------------|--------------------------------|
| 19             | 22-01-2022,<br>Saturday  | SXC FYBMS 'B' Students   | 53                         | Online                         |
| 20             | 22-01-2022,<br>Saturday  | Medical personnels   | 14                         | Online                         |
| 21             | 27-01-2022,<br>Thursday  | Technoserve Students   | 31                         | Online                         |
| 22             | 27-01-2022,<br>Thursday  | Technoserve Students   | 21                         | Online                         |
| 23             | 03-02-2022,<br>Thursday  | SXC FYBSc-IT Students  | 48                         | Online                         |
| 24             | 4-02-2022,<br>Friday     | CAPS Christ College Students   | 16                         | Online                         |
| 25             | 9-02-2022,<br>Wednesday  | NSS SVC Students   | 32                         | Online                         |
| 26             | 10-02-2022,<br>Thursday  | Wilson College, FYJC Batch 1   | 16                         | Online                         |
| 27             | 11-02-2022,<br>Friday    | Wilson College, FYJC Batch 2   | 14                         | Online                         |
| 28             | 17-02-2022,<br>Thursday  | Ramaiah University of Applied Sciences Bangalore (Optometry programme)         | 30                         | Online                         |
| 29             | 18-02-2022,<br>Friday    | SDSM School Jamshedpur through TEEP  | 69                         | Online                         |
| 30             | 22-02-2022,<br>Tuesday   | Antarchakshu 2.0 Season 4 for SXC FYBMM 'A'                                    | 24                         | Offline                        |
| 31             | 28-02-2022,<br>Monday    | Antarchakshu 2.0 Season 4 for SXC FYJC students Batch 1                        | 31                         | Offline                        |
| 32             | 03-03-2022,<br>Thursday  | Antarchakshu 2.0 Season 4 for SXC FYJC students Batch 2                        | 13                         | Offline                        |
| 33             | 05-03-2022,<br>Saturday  | Antarchakshu 2.0 Season 4 for students of Dayanand Sagar University, Bangalore | 24                         | Online                         |
| 34             | 08-03-2022,<br>Tuesday   | Antarchakshu 2.0 Season 4 for Union Bank Staff Bhubaneshwar organised by SBIF  | 31                         | Offline                        |
| 35             | 15-03-2022,<br>Tuesday   | Antarchakshu 2.0 Season 4 for Union Bank Staff Gurgaon organised by SBIF       | 42                         | Offline                        |
| 36             | 22-03-2022,<br>Tuesday   | Antarchakshu 2.0 Season 4 for Union Bank Staff Hyderabad organised by SBIF     | 37                         | Offline                        |
| 37             | 23-03-2022,<br>Wednesday | Offline workshop for the HR team at Hindustan Unilever Ltd, Mumbai H.O.        | 47                         | Offline                        |

| Sr. No. | Day and Date          | Group / Class                              | No. of participants | Venue / Online Platform |
|---------|-----------------------|--|---------------------|-------------------------|
| 38      | 30-03-2022, Wednesday | students of Swadhyay Bhavan School, Mumbai | 33                  | Offline                 |
| 39      | 30-03-2022, Wednesday | students of Swadhyay Bhavan School, Mumbai | 26                  | Offline                 |
|         |                       | <b>Total</b>                               | <b>1477</b>         |                         |



All workshops both at the beginning and end have acknowledged support.

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SLIDE 1 OF 15

NOTES COMMENTS

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2/10/2022

**Antarchakshu 2.0 | Season 4**  
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VIVIANA MALL  
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**Mendonsa Foundation**

**TATA**

Participants: Krishna Warriar, Fiza Machiwala, Aamna Habib, Dr Prajakta Alp...

Zoom Meeting

Payal Dabi

Helly

Vahishtha Mistry

Niyati Punatar

Druti

Dr.Sneha Vaidya

Dr.Sneha Vaidya

Prachi Shah

Shreya Thakkar

Shivani tiwari

Arshiya Naik

Setavi Lodha

Shounak Shetty

Alistair D'Souza

Manan Panchal

HINAL TANNA

Pooja Yadav

Pranay Poojary

Drishif Parekh

RYAN MISQUITTA

SHREY THAKKAR

SHIVANI TIWARI

ARSHIYA NAIK

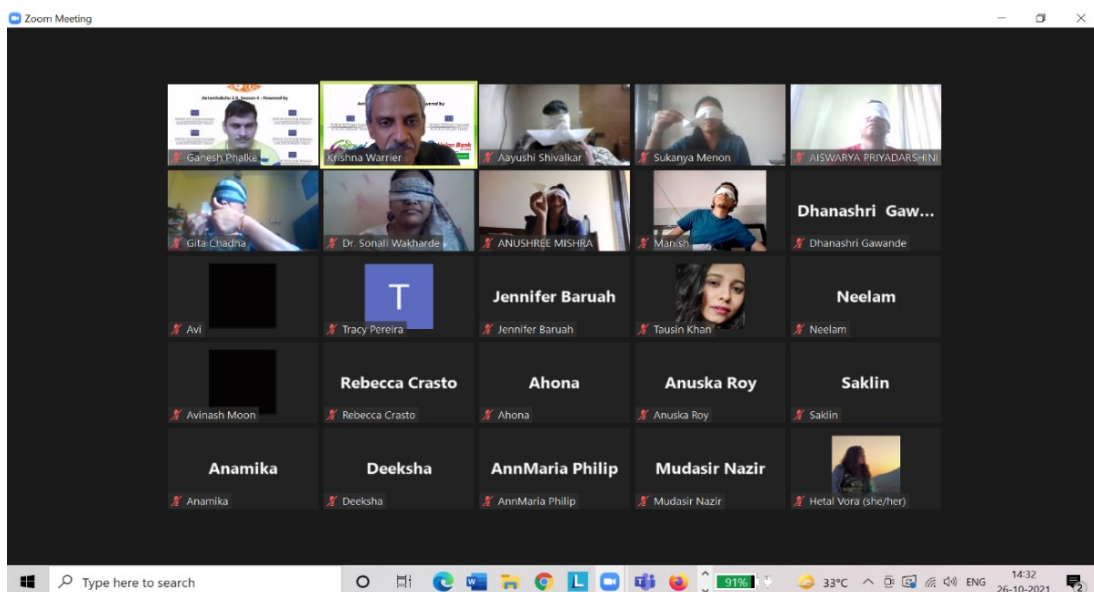
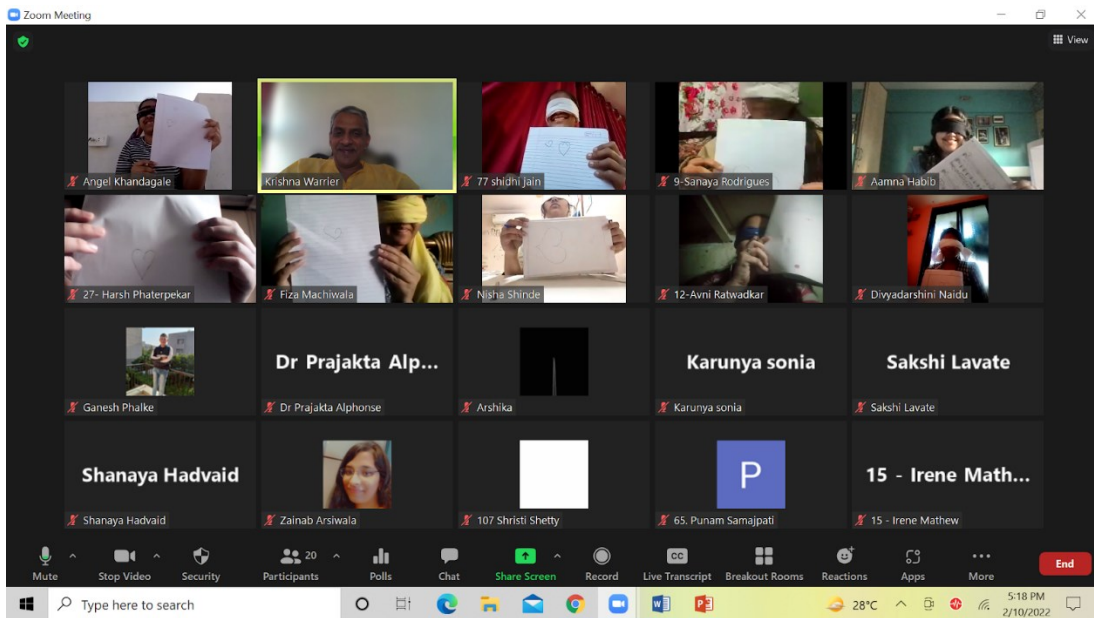
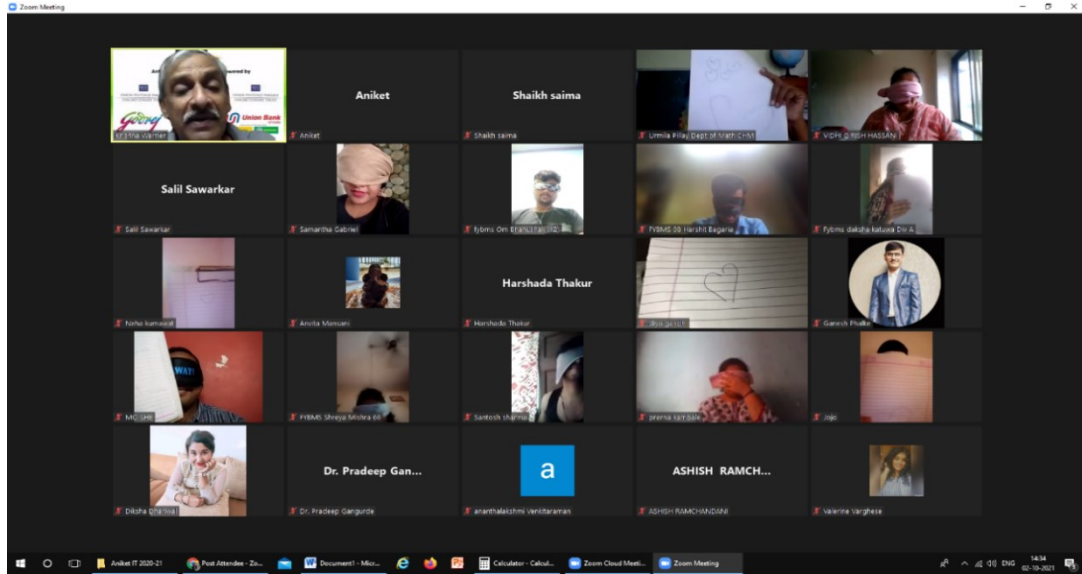
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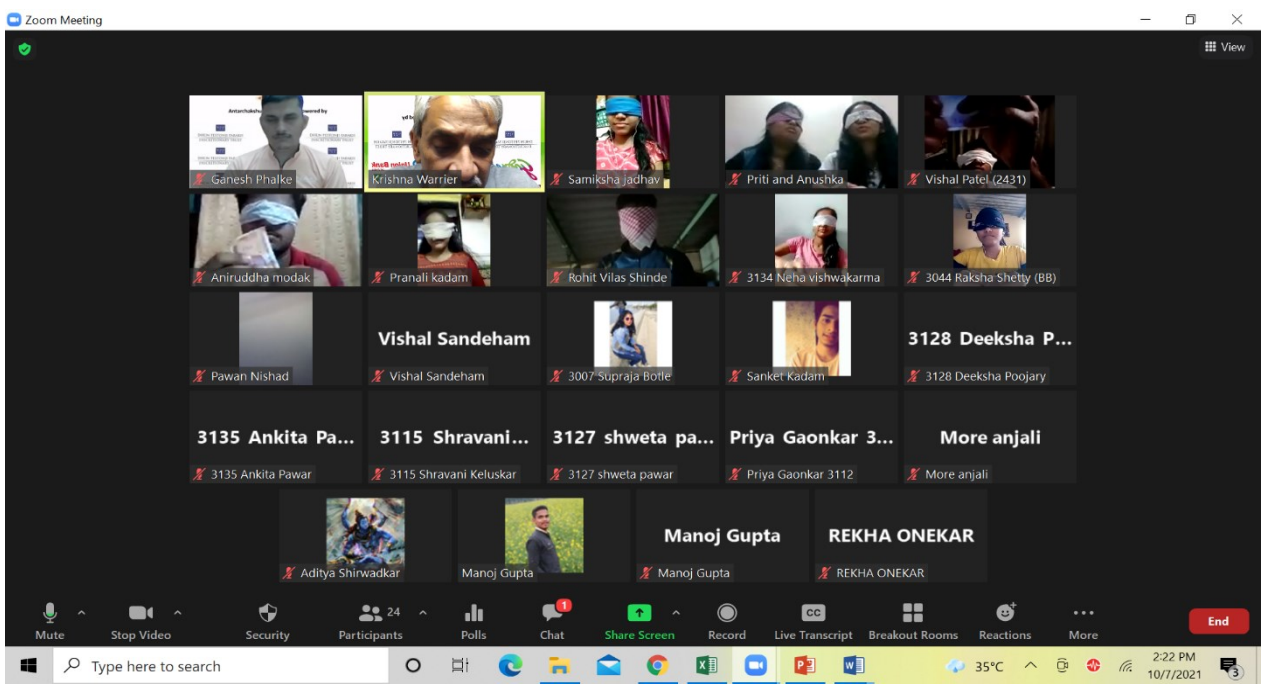
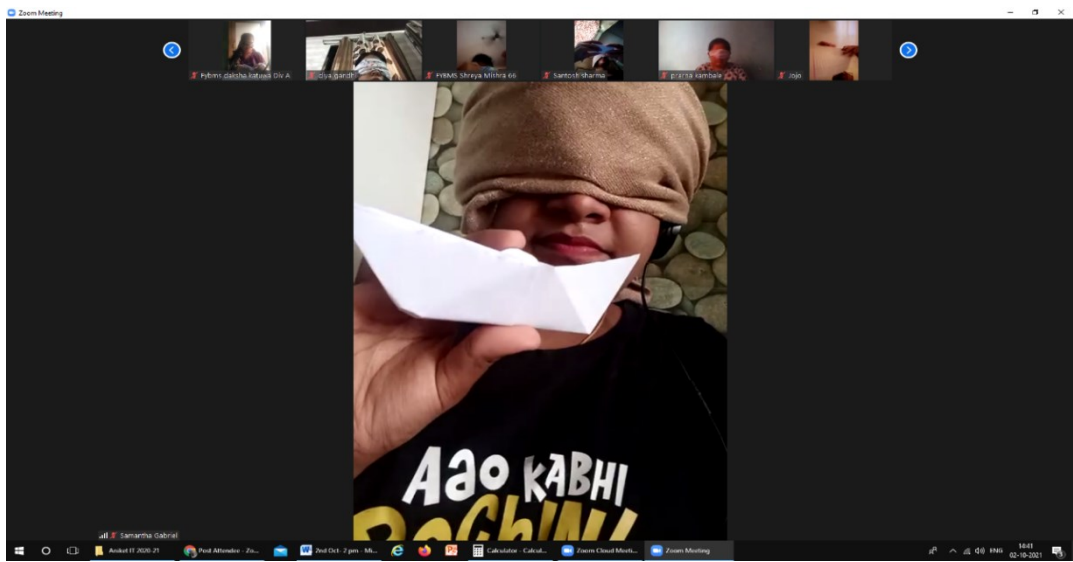
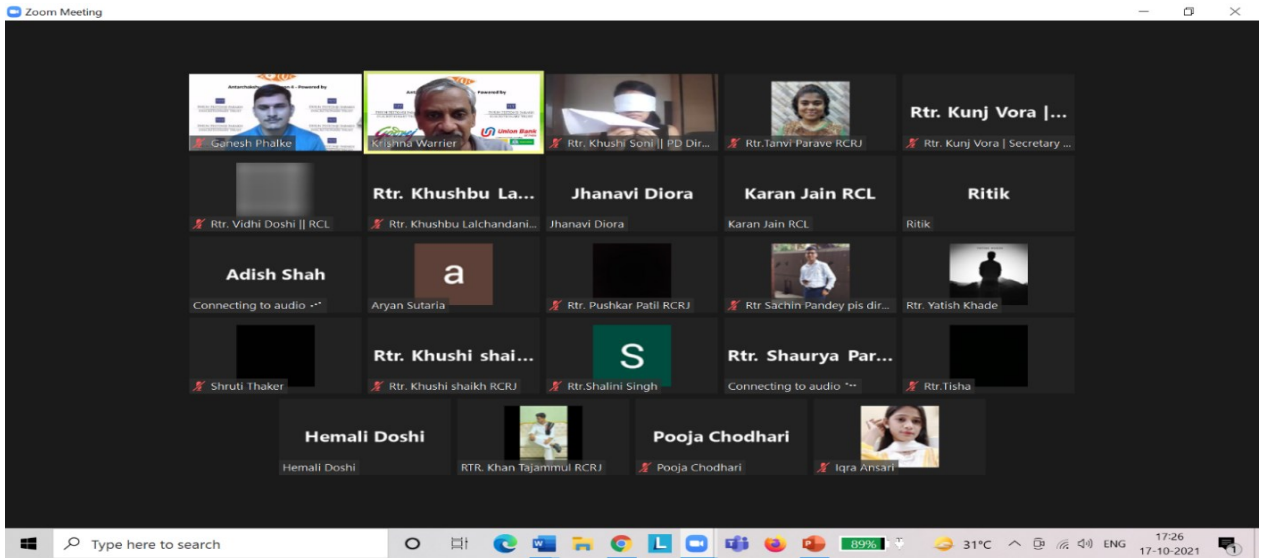
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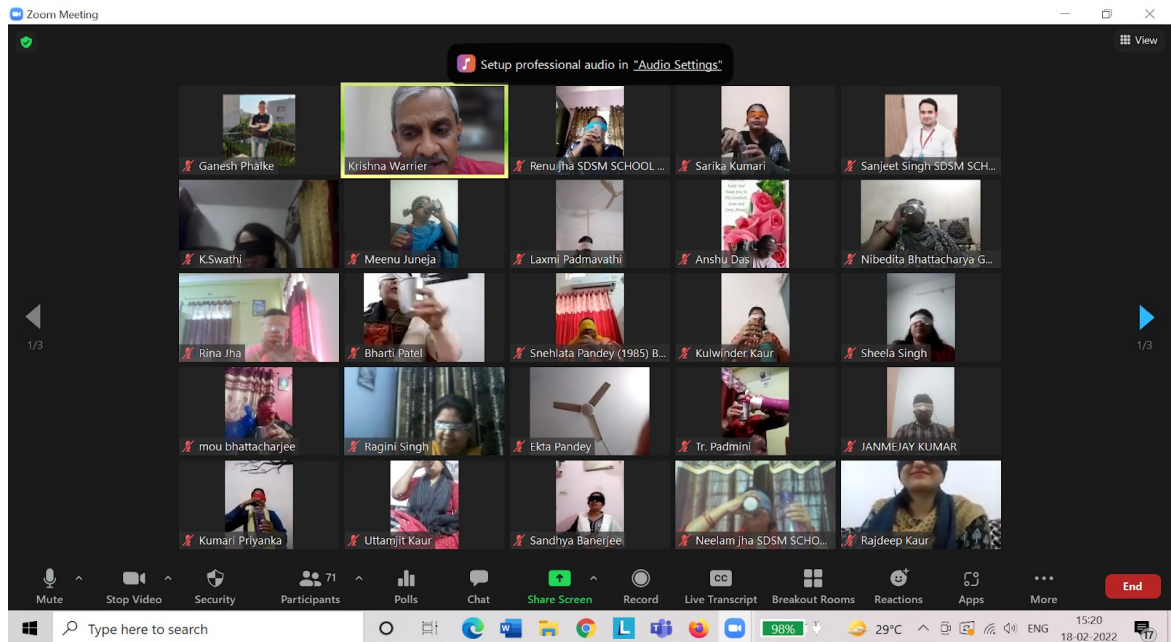
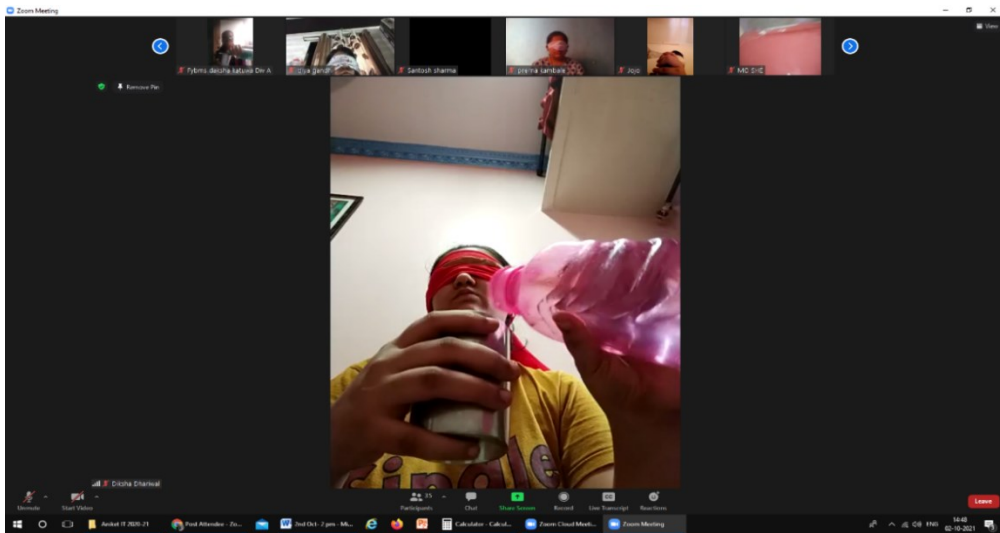
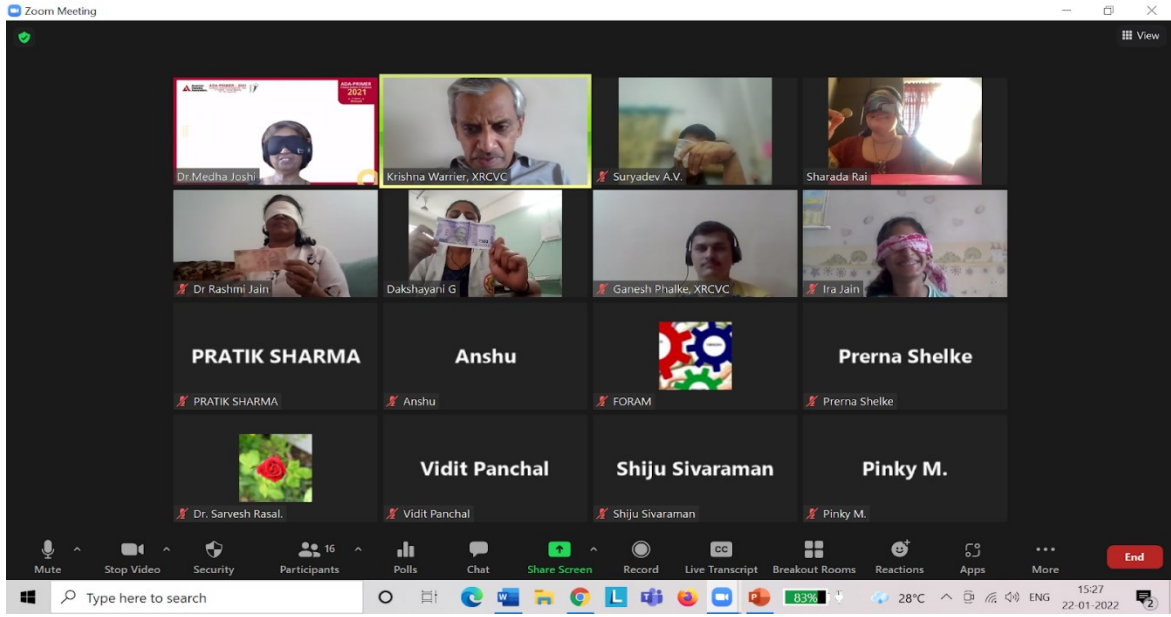
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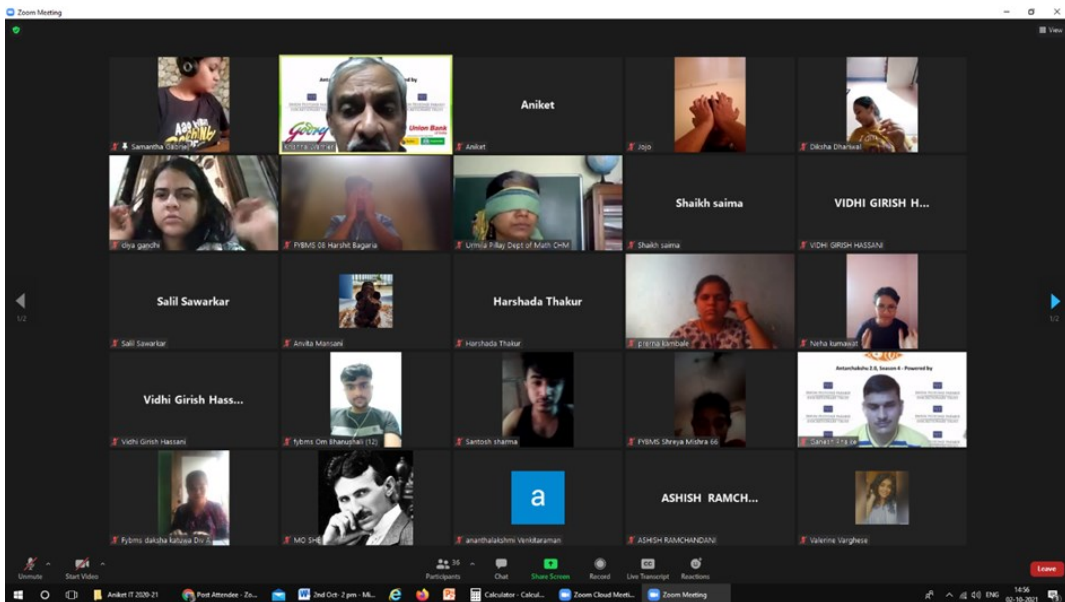
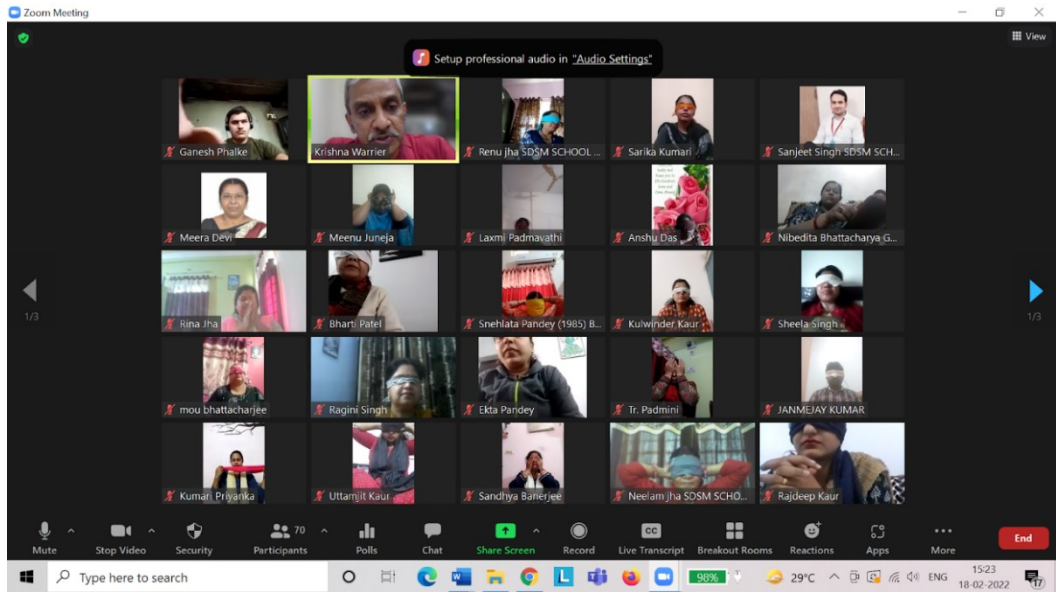
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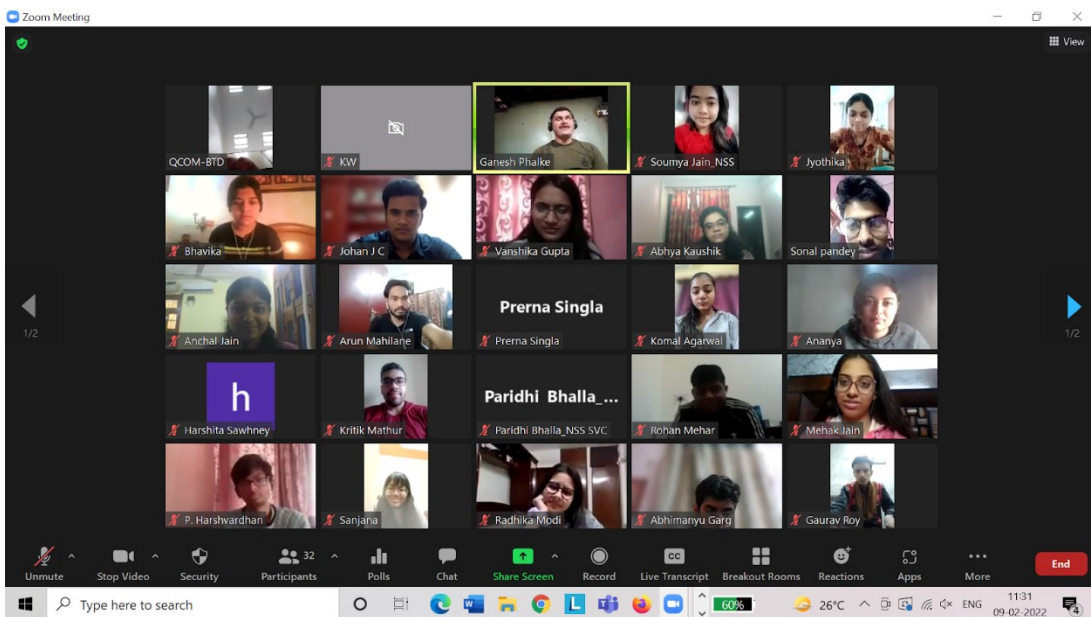
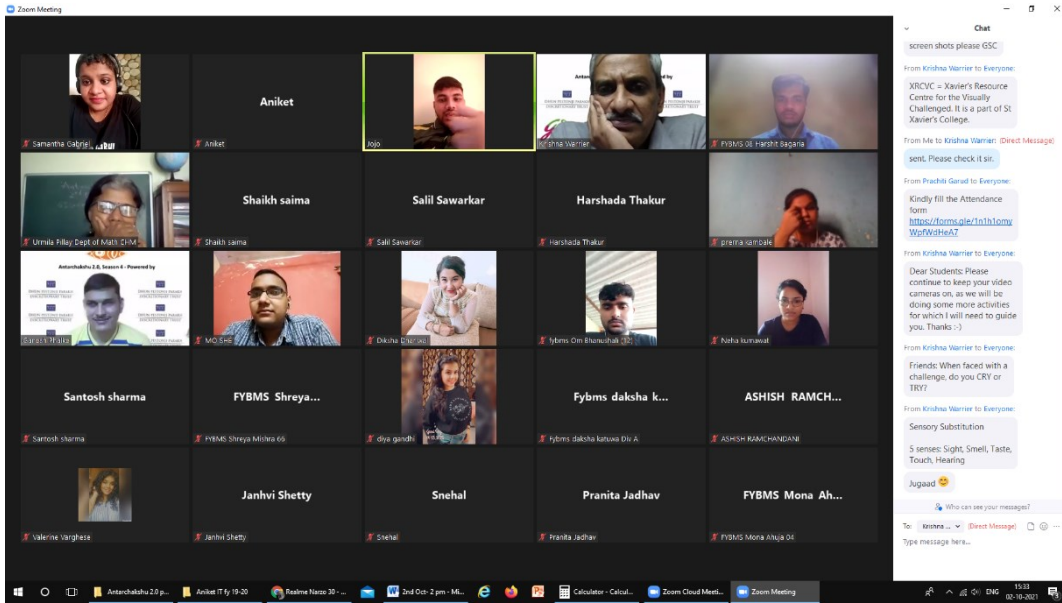












Few Antarchakshu workshops which were conducted offline (in physical mode) for some target groups.













The current series targeted a diverse audience ranging from degree level students to those learning diverse skills as also working professionals and corporate employee. The primary message of all workshops was on diversity and inclusion). The key approach during the workshop was to create a simulated experiential environment of blindness wherein participants had to undertake various activities. This experience formed the basis of further reflection and discussion around the focus areas.

**Please find below some feedback from the participants.**

| Sr. No | Date                | Name                      | Organisation / Institutions               | Comment from participants  |
|--------|---------------------|---------------------------|---|--|
| 1      | 2-10-2021, Saturday | Samantha Sexton Gabriel   | Students of CHM College, Ulhasnagar       | I loved it , I got know more perception about blind people and it was actually an eye opening session , looking forward for more such sessions   |
| 2      | 2-10-2021, Saturday | Monish Balakrishna Shetty | Students of CHM College, Ulhasnagar       | Learning and interaction was the greatest plus point....Even with motivation we learnt how to use the opportunity to the best of our ability   |
| 3      | 2-10-2021, Saturday | Shaikh saima              | Students of CHM College, Ulhasnagar       | I really love this season ❤️ ..thank you so much to organize this session and giving me this opportunity to participate this session 😊   |
| 4      | 7-10-2021, Thursday | Samiksha kishor jadhav    | TechnoServe students                      | The session was so inspirational so motivating i am Greatful to part of the session  |
| 5      | 7-10-2021, Thursday | Priya sharad gaonkar.     | TechnoServe students                      | It is really fantastic. Again it realised me that so many people fac the problem in their life. So never give up. Its really appreciating.   |
| 6      | 7-10-2021, Thursday | Raksha Shetty             | TechnoServe students                      | Everything was superb. I Enjoyed this session a lot and also I have gained many information about surrounding.   |
| 7      | 9-10-2021, Saturday | Tanisha Solanki           | DLLE students from MKS College Vile Parle | I loved how ganesh sir told his journey and I am so inspired by him and I enjoyed activities too!  |
| 8      | 9-10-2021, Saturday | Manan Panchal             | DLLE students from MKS College Vile Parle | i was attending thia session from my hospital ward i recently went thru an surgery called as brain stroke and i was sad related to that and i got a lot of strenth to face my isuess thank you for this session. |
| 9      | 9-10-2021, Saturday | Ciya Chordiya             | DLLE students from MKS College Vile       | I really enjoyed the tasks which were performed in the session. The  |

| <b>Sr. No</b> | <b>Date</b>            | <b>Name</b>      | <b>Organisation / Institutions</b>        | <b>Comment from participants</b>   |
|---------------|------------------------|------------------|---|--|
|               |                        |                  | Parle                                     | session made me aware of many things, also i realized how important small things are in our life. Thankyou for such a great session.   |
| 10            | 9-10-2021,<br>Saturday | NIKITA THAKKAR   | DLLE students from MKS College Vile Parle | Ganesh looks so confident and happy but here are we who are so blessed but still keep complaining on smallest of things. We should take some inspiration from him live our life to the fullest.  |
| 11            | 12-10-2021,<br>Tuesday | Viola dsouza     | St Xavier's College SPC FYBSc 'B'         | I enjoyed the session just got a chance to know things beyond bookish knowledge thankyou   |
| 12            | 12-10-2021,<br>Tuesday | Riya Santhmayor  | St Xavier's College SPC FYBSc 'B'         | It was really good to hear the story and it was interesting. Made me realise that just being disables dosent mean u have lost everything.  |
| 13            | 12-10-2021,<br>Tuesday | Reeva Khan       | St Xavier's College SPC FYBSc 'B'         | The presenter(Krishna Sir), was very polite and interactive. Sir's words were careful and easy to understand, as well as informative. Ganesh's frank interactions made me comfortable to ask more about his impairment. The speakers were very warm and approachable.  |
| 14            | 12-10-2021,<br>Tuesday | Nisarg Verdes    | St Xavier's College SPC FYBSc 'B'         | It was very comforting to know that in today's times that visually impaired students can compete and participate at a common level as fully abled students.  |
| 15            | 12-10-2021,<br>Tuesday | Riva Sarkar      | St Xavier's College SPC FYBSc 'B'         | It was very encouraging to see and relate to a student who is visually impaired. It helped me to understand that Ganesh is just like me and other than his disability, his hobbies, personality and experiences are similar to that of any other college student. Helped to bust many myths that I had heard as well |
| 16            | 12-10-2021,<br>Tuesday | Nivedita Shankar | St Xavier's College SPC FYBSc 'B'         | This session was a very informative one! Thanks to XRCVC for providing a much needed insight into the world of visually challenged people  |

| <b>Sr. No</b> | <b>Date</b>          | <b>Name</b>              | <b>Organisation / Institutions</b> | <b>Comment from participants</b>  |
|---------------|----------------------|--------------------------|------------------------------------|---|
|               |                      |                          |                                    | and spreading awareness about the challenges/obstacles they face.   |
| 17            | 14-10-2021, Thursday | Alina Gala               | St Xavier's College SPC FYBSc 'A'  | I really enjoyed this session. It gave me a much better insight on a lot of things. I wish we can come to campus in person and have a session again.                              |
| 18            | 14-10-2021, Thursday | Yarmee Jani              | St Xavier's College SPC FYBSc 'A'  | I came to know more about the challenges faced by visually impaired people and other specially abled people and the sharing of a personal experience was a very enlightening one. |
| 19            | 14-10-2021, Thursday | Srushti Mahindarrkar     | St Xavier's College SPC FYBSc 'A'  | I enjoyed the fact the Mr. Ganesh could share his experience so openly. It can be very hard to relive a harsh experience, and all the more harder to openly talk about            |
| 20            | 14-10-2021, Thursday | Riya Bahl                | St Xavier's College SPC FYBSc 'A'  | it has given me the courage to start trying more and crying less and made me more sensitive towards the disabled.   |
| 21            | 14-10-2021, Thursday | Sugandhini Benhur kartan | St Xavier's College SPC FYBSc 'A'  | From this session i learned that we have two choices in our difficulties via Try or Cry   |
| 22            | 15-10-2021, Friday   | Mahek                    | Technoserve students               | It should be held in everycollege and every single person should come to know how to be kind towards ourself  |
| 23            | 15-10-2021, Friday   | Anjali Gupta             | Technoserve students               | I get more knowlege about the things taht , I dont have and learnt many things through this session. To have faith and hope always in yourself.                                   |
| 24            | 15-10-2021, Friday   | Jaya Pujari              | Technoserve students               | I enjoyed this session and also i learn from this session is nobody can disable we all are equal in our life  |
| 25            | 16-10-2021, Saturday | Susann Anthony           | St Xavier's College SPC FYBSc 'C'  | Really found this helpful as it made ma aware of how to be inclusive of everyone and not make anyone uncomfortable  |
| 26            | 16-10-2021, Saturday | Neeraj Maindan           | St Xavier's College SPC FYBSc 'C'  | I really enjoyed the activity which gave an insight to how physically challenged people feel. We also learned that we should treat  |

| <b>Sr. No</b> | <b>Date</b>          | <b>Name</b>    | <b>Organisation / Institutions</b>  | <b>Comment from participants</b>  |
|---------------|----------------------|----------------|---|---|
|               |                      |                |   | differently abled people with empathy not sympathy  |
| 27            | 16-10-2021, Saturday | Shania Solomon | St Xavier's College SPC FYBSc 'C'   | Performing the activities was really inciteful. I enjoyed the session and would love to attend more. If possible I would like to be a part of the XRCVC and help to the best of my ability. |
| 28            | 17-10-2021, Sunday   | Shruti Thaker  | Members of Rotaract Club of Lokhandwala and Rotaract Club of Jhunjhunwala College | The session was really insightful and inspiring about the vision  |
| 29            | 17-10-2021, Sunday   | Tanvi Parave   | Members of Rotaract Club of Lokhandwala and Rotaract Club of Jhunjhunwala College | Great session and will like if we had such more sessions  |
| 30            | 26-10-2021, Tuesday  | Ishaan Bhartia | St Xavier's College SPC FYBSc 'D'   | XRCVC helped us become aware of the difficulties faced by Disabled people and what we can do to help out  |
| 31            | 26-10-2021, Tuesday  | Prachi Tiwari  | St Xavier's College SPC FYBSc 'D'   | I get a chance to talk with a wonderful person and realized how much lucky we have to have everything and so we can do anything we dreamed of.Thank you.                                    |
| 32            | 26-10-2021, Tuesday  | Shreya         | St Xavier's College SPC FYBSc 'D'   | It was a great session and got to know a lot about how differently abled people do their daily chores and manage with the difficulties in life.   |
| 33            | 26-10-2021, Tuesday  | Serena Dmello  | St Xavier's College SPC FYBSc 'D'   | I'm truly satisfied that I followed this course. It enhanced my knowledge about Disability education and inclusion. Easy steps and instructions. Well informed.                             |
| 34            | 26-10-2021, Tuesday  | Tracy Pereira  | MA Sociology Department Mumbai University   | First time I attended such workshop for the visually impaired and I'm so touched by the stories I heard from them. I had a wonderful experience.  |
| 35            | 26-10-2021,          | Aayushi        | MA Sociology  | i really enjoyed the whole session,   |

| Sr. No | Date                    | Name                         | Organisation / Institutions                       | Comment from participants  |
|--------|-------------------------|------------------------------|---|--|
|        | Tuesday                 | Shivalkar                    | Department<br>Mumbai University                   | it was very enlightening and made me really aware about how my other senses take the front seat when i was blindfolded. Would love to attend more such sessions. Thank You soo much for doing this!                              |
| 36     | 26-10-2021,<br>Tuesday  | Sukanya<br>Menon             | MA Sociology<br>Department<br>Mumbai University   | Definitely "opened my eyes" to a lot of things. I don't think I've ever really thought of this. But thank you! Learnt, thought a lot and thoroughly enjoyed it! :)   |
| 37     | 26-10-2021,<br>Tuesday  | Neelam<br>Murty Tevar        | MA Sociology<br>Department<br>Mumbai University   | The session was heart touching and inspirational for me. I felt a courage.   |
| 38     | 25-12-2021,<br>Saturday | Medha<br>Ramesh<br>Bangera   | Rotaract Club of<br>Ghanshyamdas<br>Saraf College | It was really nice session and people don't pay attention on such topics but through this we got a wonderful thought .   |
| 39     | 25-12-2021,<br>Saturday | Shubham                      | Rotaract Club of<br>Ghanshyamdas<br>Saraf College | I enjoyed a lot it will built my confidence and uts a great event i ever had experience.   |
| 40     | 25-12-2021,<br>Saturday | Palak Salia                  | Rotaract Club of<br>Ghanshyamdas<br>Saraf College | I completely enjoyed this session got to learn many things I wasn't aware about!! Got any idea on how people deal with their problems instead of sitting and crying 😊  |
| 41     | 07-01-2022,<br>Friday   | Manali Lemos                 | KKCOE BEd College                                 | Wowooww!! Totally enjoyed and learned a lot.This workshop was very inspiring.Thank you!  |
| 42     | 07-01-2022,<br>Friday   | Forum<br>Chhapekar           | KKCOE BEd College                                 | Thankyou for making us aware about how important our eyes sights is 😊  |
| 43     | 07-01-2022,<br>Friday   | Jinal Baxi                   | KKCOE BEd College                                 | Really grateful that we got to interact with Ganesh sir and hear directly from him about his experience and his story. Especially to hear how teachers can encourage and support an individual in various aspects of their life. |
| 44     | 11-01-2022,<br>Tuesday  | Priti Rajesh<br>Sharma       | Antarchakshu 2.0<br>Season 4 for<br>Technoserve   | Never let behind yourself , be focus and never give up   |
| 45     | 11-01-2022,<br>Tuesday  | Faiza<br>Mohammed<br>humayun | Antarchakshu 2.0<br>Season 4 for<br>Technoserve   | It was good and interactive workshop. than you   |

| <b>Sr. No</b> | <b>Date</b>           | <b>Name</b>    | <b>Organisation / Institutions</b>              | <b>Comment from participants</b>  |
|---------------|-----------------------|----------------|---|---|
|               |                       | ansari         |   |   |
| 46            | 14-01-2022,<br>Friday | Sherin Thomas  | Antarchakshu 2.0<br>Season 4 for<br>Technoserve | I really Enjoyed this session. It was a wonderful Experience.   |
| 47            | 14-01-2022,<br>Friday | Manisha giri   | Antarchakshu 2.0<br>Season 4 for<br>Technoserve | I enjoy and learn so much things  |
| 48            | 16-01-2022,<br>Sunday | Anshika Goel   | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | This session was such an amazing one! Got to know so much today!  |
| 49            | 16-01-2022,<br>Sunday | Ishita Goel    | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | Wonderful orator and it was lovely interacting with Ganesh as well, would love to associate with the organization in future. Thank you for a wonderful session.   |
| 50            | 16-01-2022,<br>Sunday | Shaivy Gupta   | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | It was really informative and fun to have an interactive session, and knowing how disable people can beat us. Thank you   |
| 51            | 16-01-2022,<br>Sunday | Gunika Khurana | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | It was a great session and I feel very positive after attending the webinar as I used to feel that maybe my life is hard but after attending the webinar I feel very motivated.   |
| 52            | 16-01-2022,<br>Sunday | Kavya joshi    | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | The tasks done at the begining of the session help us resonate more with what the visually impaired persons must go through which in turn helps us be more empathetic towards these members of our society.Looking at and talking to Mr Ganesh was very inspiring.            |
| 53            | 16-01-2022,<br>Sunday | Ishtasha Joshi | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | In most of the sessions, I am very hesitant but this session was certainly different and I feel a lot more enlightened than before! Ganesh Ji's enthusiasm has given me a boost to go beyond my comfort zone! Krishna Sir is certainly the best host I have ever come across. |
| 54            | 16-01-2022,<br>Sunday | ARSHITA        | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar | I would really like to appreciate Mr. Krishna Warriar for being such a great host cum teacher .....he was so interactive throughout the   |

| Sr. No | Date               | Name             | Organisation / Institutions               | Comment from participants  |
|--------|--------------------|------------------|---|--|
|        |                    |                  |   | session and I learnt a lot from this session ....I am really looking forward to work with you lovely people .Thankyou  |
| 55     | 16-01-2022, Sunday | Tanzil Shandilya | Antarchakshu 2.0 Season 4 for Pro Scholar | I had hosted as well as attended a lot of events in past few years. But this is the first Workshop in which i can see a lot of interaction, participation and so much involvement from both the sides. I want to Thank Urmi mam for giving me the opportunity to host this event, Ganesh Sir for being such supportive throughout the working and in the event and most important Krishna Sir for such lovely activities I loved the activities. Again i would like to Thank Ganesh Sir, Krishna Sir and XRCVC for this amazing session. Everyone enjoyed the session throughout. I hope we can do more sessions together in future. Looking forward for collaboration with same enthusiasm. |
| 56     | 16-01-2022, Sunday | Mrinali          | Antarchakshu 2.0 Season 4 for Pro Scholar | Firstly i felt very honored to be a part of this session. It was very interactive session. Got to know how to turn on sensory organs and to use it properly. learnt about other people stories. It was a great opportunity to know about Ganesh phalke sir's life struggles not struggles actually the way he overcame everything and his powers to sense things etc. I enjoyed the activities which Krishna Warrier sir made us do. Loved the webinar and it was a great initiative to make people aware about visual impairment.   |
| 57     | 16-01-2022, Sunday | Aastha           | Antarchakshu 2.0 Season 4 for Pro Scholar | On a random sunday , evening i took my phone clicked on a link a person came and made being visually impaired as common as anything and that i don't think i'll ever forget ! You gave us words  |



| <b>Sr. No</b> | <b>Date</b>            | <b>Name</b>        | <b>Organisation / Institutions</b>   | <b>Comment from participants</b>  |
|---------------|------------------------|--------------------|--|---|
|               |                        |                    |  | We had words but i got meanings<br>You gave us smiles We had smiles<br>but yours made sense A deep<br>sense of beleif and anything which<br>can be conquered anything which<br>lets us free!  |
| 58            | 16-01-2022,<br>Sunday  | SAMRIDHI<br>GUPTA  | Antarchakshu 2.0<br>Season 4 for Pro<br>Scholar  | FIRST OF ALL I WILL LIKE TO THANK<br>GANESH SIR AND AND KRISHNA SIR<br>FOR TAKING OUT TIME FROM<br>THEIR SCHEDULE AND<br>CONDUCTING THIS WORKSHOP. IT<br>WAS A PLEASURE HEARING TO<br>BOTH OF YOU. AND THE WAY<br>GANESH SIR MOTIVATED ME TO<br>DO BETTER THINGS. HATS OFF TO<br>BOTH OF YOU. AND HATS OFF TO<br>GANESH SIR FOR NOT GIVING UP<br>AND CONGRATULATIONS FOR<br>ACHIEVEING GREAT THINGS.<br>THANKS AGAIN AND I WILL LOVE<br>TO MEET YOU IN PERSON AND<br>ALSO I WILL LOVE TO HAVE MORE<br>SUCH INTERACTIVE SESSIONS.<br>THANKYOU AND HATS OFF |
| 59            | 18-01-2022,<br>Tuesday | Mehak              | Antarchakshu 2.0<br>Season 4 for School<br>of Communication<br>Studies, Panjab<br>University | Refreshing insights and the<br>activities are super impressive  |
| 60            | 18-01-2022,<br>Tuesday | Avninder<br>Anttal | Antarchakshu 2.0<br>Season 4 for School<br>of Communication<br>Studies, Panjab<br>University | Overall the session was great. From<br>the exciting exercises to making us<br>realise the worth of our senses and<br>how to be more inclusive. It was<br>really thanks to hear Mr. Phalke.<br>Thank You.  |
| 61            | 18-01-2022,<br>Tuesday | Jyoti              | Antarchakshu 2.0<br>Season 4 for School<br>of Communication<br>Studies, Panjab<br>University | Felt so connected. Thankyou so<br>much for this knowledgeable<br>session and interaction  |
| 62            | 18-01-2022,<br>Tuesday | Kartika Singh      | Antarchakshu 2.0<br>Season 4 for School<br>of Communication<br>Studies, Panjab<br>University | I think more improvements should<br>be done with being compassionate<br>towards others.   |
| 63            | 18-01-2022,            | Vinod Chadha       | Antarchakshu 2.0   | Very motivating and interactive   |

| Sr. No | Date                 | Name                      | Organisation / Institutions                                     | Comment from participants   |
|--------|----------------------|---------------------------|---|---|
|        | Tuesday              |                           | Season 4 for School of Communication Studies, Panjab University | session. Its a pleasure to be a part of the session.  |
| 64     | 21-01-2022, Friday   | Bhavani rajagopal moopnar | Antarchakshu 2.0 Season 4 for Technoserve                       | I enjoyed the session and the best part is filling the water in glass   |
| 65     | 21-01-2022, Friday   | Anisha khan               | Antarchakshu 2.0 Season 4 for Technoserve                       | It was really genuine session, i really loved it and thanks for such a great session  |
| 66     | 21-01-2022, Friday   | Riya Sanjiv Juvale        | Antarchakshu 2.0 Season 4 for Technoserve                       | It was an wonderful session and motivating. I enjoyed it. Thank you, for inviting with us 😊.  |
| 67     | 22-01-2022, Saturday | Kashish Satish            | Antarchakshu 2.0 Season 4 for SXC FYBMS 'B'                     | thoroughly enjoyed the session, I have never experienced something like this before, and ironically, it was an eye opener. Thank you so so much, we all loved talking to ganesh, thank you so so much!  |
| 68     | 22-01-2022, Saturday | Mayuri Shinde             | Antarchakshu 2.0 Season 4 for SXC FYBMS 'B'                     | Definitely created a sense of realization to keep trying and keep helping   |
| 69     | 22-01-2022, Saturday | Parth Agrawal             | Antarchakshu 2.0 Season 4 for SXC FYBMS 'B'                     | Guidance , knowledge and the experience we get from the session was outstanding   |
| 70     | 22-01-2022, Saturday | Hayden Dsilva             | Antarchakshu 2.0 Season 4 for SXC FYBMS 'B'                     | I really loved this session, especially Ganesh's narrative, which was both poignant and educational. It made me realise how privileged we are and how the simplest things we do may be really difficult for others.   |
| 71     | 22-01-2022, Saturday | Raunak Dodiya             | Antarchakshu 2.0 Season 4 for SXC FYBMS 'B'                     | It is so great to see ganesh being so confident after all that has happened, born without sight is a different thing and loosing the sight after few years hurts a lot. it makes me realise that how most of the ppl are depressed but even when they are better than most of the ppl. i will surely meet th ppl and ill visit xrcvc. a great session |
| 72     | 22-01-2022, Saturday | Sankalp Kohli             | Antarchakshu 2.0 Season 4 for SXC FYBMS 'B'                     | I loved the way the session was held. It helped me create a lot of awareness about the disabled. It was really a helpful session.   |

| <b>Sr. No</b> | <b>Date</b>             | <b>Name</b>        | <b>Organisation / Institutions</b>  | <b>Comment from participants</b>   |
|---------------|-------------------------|--------------------|---|--|
| 73            | 22-01-2022,<br>Saturday | vrushti shah       | Antarchakshu 2.0<br>Season 4 for SXC<br>FYBMS 'B'   | got sense of realisation that we can do every thing if we put our mind and heart into it.. nothing is impossible. really got inspiration and spirit to face challenges without hesitation  |
| 74            | 22-01-2022,<br>Saturday | Pari Raj Gupta     | Antarchakshu 2.0<br>Season 4 for SXC<br>FYBMS 'B'   | I enjoyed the session. The thought of blindness is indeed terrorising and experiencing it for a few minutes was a complete mix of emotions. It was full of anxiety while I ironically tried to calm myself in order to not make a mistake. The interaction was very informative and a lot of doubts got cleared. |
| 75            | 22-01-2022,<br>Saturday | Hayden Dsilva      | Antarchakshu 2.0<br>Season 4 for SXC<br>FYBMS 'B'   | I really loved this session, especially Ganesh's narrative, which was both poignant and educational. It made me realise how privileged we are and how the simplest things we do may be really difficult for others.  |
| 76            | 22-01-2022,<br>Saturday | shriya mathew      | Antarchakshu 2.0<br>Season 4 for SXC<br>FYBMS 'B'   | "really loved how krishna sir was on the go the entire session was so energetic.   |
| 77            | 22-01-2022,<br>Saturday | Dr Rashmi Jain     | Antarchakshu 2.0<br>Season 4 for<br>medical personnel.                                    | The lived in experience and the interaction was very good.   |
| 78            | 22-01-2022,<br>Saturday | Ira Jain           | Antarchakshu 2.0<br>Season 4 for<br>medical personnel.                                    | I really enjoyed the blindfolded experience, it helped me get an insight into how blind people would do their day-to-day activities. I also liked the interaction with Ganesh sir. It was a wonderful experience   |
| 79            | 3-2-2022,               | Arul Babu          | SXC FYBSc-IT<br>Students  | Putting ourselves into the shoes of a visually challenged person and experiencing challenges while doing menial chores was really insightful.  |
| 80            | 8-3-2022,<br>Tuesday    | Komal Rachna Raven | Antarchakshu 2.0<br>Season 4 for Union<br>Bank Staff<br>Bhubaneshwar<br>organised by SBIF | It already was an excellent session beyond thinking. As such, ain't any suggestion from my end.  |

| <b>Sr. No</b> | <b>Date</b>             | <b>Name</b>            | <b>Organisation / Institutions</b>  | <b>Comment from participants</b>  |
|---------------|-------------------------|------------------------|---|---|
| 81            | 8-3-2022,<br>Tuesday    | Avinash kumar          | Antarchakshu 2.0 Season 4 for Union Bank Staff Bhubaneshwar organised by SBIF | I thought it will be more fruitful if it happens in open area like park or any place where some more activities can be prepares   |
| 82            | 15-3-2022,<br>Tuesday   | Shravan Kumar Rai      | Antarchakshu 2.0 Season 4 for Union Bank Staff Gurgaon organised by SBIF      | Yes this workshop has drastically changed my approach on how to sensitise others on this  |
| 83            | 15-3-2022,<br>Tuesday   | Surendra Suthar        | Antarchakshu 2.0 Season 4 for Union Bank Staff Gurgaon organised by SBIF      | It is to be part of every training program of controlling office staff  |
| 84            | 22-3-2022,<br>Tuesday   | Shobha Purohit         | Antarchakshu 2.0 Season 4 for Union Bank Staff Hyderabad organised by SBIF    | The duration of workshop should be more than 1 hour so that the interaction after completion of exercise so that interaction session can be integral part of the workshop...                      |
| 85            | 22-3-2022,<br>Tuesday   | Ketaki Sonar           | Antarchakshu 2.0 Season 4 for Union Bank Staff Hyderabad organised by SBIF    | Workshop was really good. I had never thoughts about such kind of workshop. It was an eye opener. It is a fact that sometimes we ignore people with disabilities, which we shouldnâ€™t have done. |
| 86            | 22-3-2022,<br>Tuesday   | Monika Agarwal         | Antarchakshu 2.0 Season 4 for Union Bank Staff Hyderabad organised by SBIF    | It was a great workshop. Even in such short time, whatever needed to be conveyed was conveyed very well with the help of small activities.  |
| 87            | 22-3-2022,<br>Tuesday   | Karkuzhali V           | Antarchakshu 2.0 Season 4 for Union Bank Staff Hyderabad organised by SBIF    | Similar programmes can be conducted in other Training programmes of UBI (not only for HR personnels), inorder to understand his/ her co-employees with special ability                            |
| 88            | 22-3-2022,<br>Tuesday   | Anuj Prasad            | Antarchakshu 2.0 Season 4 for Union Bank Staff Hyderabad organised by SBIF    | It must be implemented in a broad way at various levels/platforms to have a positive vibrations in people.  |
| 89            | 23-3-2022,<br>Wednesday | Angelica-Desiree Pinto | Offline workshop for the HR team at Hindustan Unilever Ltd, Mumbai H.O.       | On the Antarchakshu workshop, I say this with utmost sincerity- it was one of the BEST I have attended at Unilever. Super inspiring, stayed true to the to the                                    |

| Sr. No | Date                 | Name            | Organisation / Institutions                | Comment from participants   |
|--------|----------------------|-----------------|--|---|
|        |                      |                 |  | <p>cause from start to end, it was real, authentic and each one of us in the Talent Acquisition team could connect with everything that was being shared at the workshop. The activities were thought provoking and helped us understand first-hand what it would mean to lose any of our 5 senses . It really made us reflect on how we should interact with the community and re-evaluate the myths we had.</p> <p>THANK YOU for giving us this experience. I can't wait for the next one. Please extend my gratitude to Jatin as well, what an inspiring journey he has had! Antarchakshu was Extremely useful, when you get to experience first-hand how a person with disability has surpassed everything you and I could have done, it changes your outlook completely and helps remove barriers in terms of limiting them to certain jobs and roles only.</p> <p>Thank you so much for sharing XRCVC's Workplace Inclusion Handbook with me, I will go through and I'm sure it will be super useful as we build on our roadmap on PWD hiring and inclusion for the year.</p> |
| 90     | 30-3-2022, Wednesday | Viraj J Sanghvi | Students of Swadhyay Bhavan School, Mumbai | Accept every challenge. Keep moving with all difficulties. It is very difficult to move without eyesite. Never to be disappointed with what we don't have. Never stop trying.   |
| 91     | 30-3-2022, Wednesday | Ashna Bafna     | Students of Swadhyay Bhavan School, Mumbai | It was a really great event. It had a great impact on me. The ones who are blind face so much. I will love to help you and the people suffering from blindness. Never give up is the term I define blind ones as.   |
| 92     | 30-3-2022, Wednesday | Vidhi Parmar    | Students of Swadhyay Bhavan                | Really I never thought about the people who were blind and how  |

| Sr. No | Date                 | Name          | Organisation / Institutions                | Comment from participants   |
|--------|----------------------|---------------|--|---|
|        |                      |               | School, Mumbai                             | would they live, but after this session I thought about it. It was inspirational for me and other as well . this session taught me that we should never give up. I enjoyed the session.   |
| 93     | 30-3-2022, Wednesday | Dhyanam Doshi | Students of Swadhyay Bhavan School, Mumbai | It was a unique experience not being able to see. It not only made me realise how difficult it is for visually impaired people but also learned several values. It was really inspiring to hear about how sir continued life with such difficulties thank you for conducting such a campaign. |
| 94     | 30-3-2022, Wednesday | Tanish Doshi  | Students of Swadhyay Bhavan School, Mumbai | it was great experience to be able to understand that how blind people feel. We can use other senses to do all the work. It is very difficult to not be able to see anything. We should never stop and keep trying always. We should never be disappointed with the things we cannot do.      |
| 95     | 30-3-2022, Wednesday | Diya Morbia   | Students of Swadhyay Bhavan School, Mumbai | It was a great experience listening to ganesh sir's circumstances. I learnt that we should never give up in any situation and always face very bravely. I would never step back from helping a disabled person.   |
| 96     | 30-3-2022, Wednesday | Hetvi Parekh  | Students of Swadhyay Bhavan School, Mumbai | it was an inspiring session. I learnt a lot. I learnt no to loose hope and keep trying if we want we can do anything and everything. Do not get disappointed easily. Thankyou.  |


Please find below the link of the handout shared with the participants during the workshop.  
<http://www.xrcvc.org/docs/The%20ABC%20of%20Inclusion%20In%20Education%20Season%204.0%20V1.pdf>

Also please find the link below of our web home page which acknowledges the role of the various supporters.  
<http://xrcvc.org/>

The XRCVC is thankful to all our supporters for their continuous backing.


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### Antarchakshu 2.0 | Season 4


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**Screenshots of Antarchakshu 2.0, Season 4 an awareness and sensitisation workshops messages shared on the social media platform (Facebook and Twitter).**

facebook.com/xrcvc/photos/a.798214566864337/4864922613526825/?type=3&theater

# ANTARCHAKSHU

## Season 4



**Xavier's Resource Centre  
for the  
Visually Challenged**

Antarchakshu® Season 4 catches momentum with students from St. Xavier's College (Mumbai), University college, Mumbai.  
One question that came up this time was on how a person with blindness can pick up their toothbrush.

Did you know?  
Technology is only one mode to create accessibility. An individual's accessibility can be driven by one's own creativity. We invite you to think of ways in which you would pick out your toothbrush from a bunch, without using your eyes, and put your creative ideas in the comment box below. The top 3 ideas will be mentioned in the next post.

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Shravan Kumar, Priya Micprashant, Menezes, Chrissie DaCosta and 3 others like this.

1 share 3 comments

**Sadaf Khan** I burn my brushes handle a little bit to make its edge a little rough. Also tried sticking a waterproof sticker around it  
1d


**Talha Ansari** My brush's handle has a distinct design. I purposefully choose such designs to avoid mix-ups.  
1d

**Shizanne D'mello** Rubber band around the handle!  
1d

facebook.com/xrcvc/photos/a.798214566864337/4808134652538955/?type=3&theater

# ANTARCHAKSHU

## Season 4



**Xavier's Resource Centre  
for the  
Visually Challenged**


**XRCVC-Xavier's Resource Centre for the Visually Challenged**  
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Antarchakshu® 2.0 Season 4 over the last 2 weeks saw great enthusiasm and engagement from participants from St. Xavier's College (Mumbai), Vidyanketan College, students from TechnoServe and MKS College Ville Parie, Mumbai.

The sessions were extremely interactive and one of the key themes that emerged was on accessibility of books and content for the visually impaired.

Did you know?  
There are screen readers that read out the entire content on a computer screen enabling a visually impaired individual to be able to independently operate a computer.  
There are many text-to-speech apps and products that make books accessible to the visually impaired.

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Antarchakshu® Season 4 catches momentum with students from St. Xavier's College (Mumbai), University college, Mumbai.  
One question that came up this time was on how a person with blindness can pick up their toothbrush.



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- T20 World Cup 2021 · Yesterday  
**Memes pour in as India's fans wish Afghanistan to win against New Zealand**  
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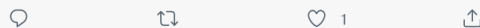
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Replying to @XRCVC  
**Did you know?**

Technology is only one mode to create accessibility. An individual's accessibility can be driven by one's own creativity. We invite you to think of ways in which you would pick out your toothbrush from a bunch, without using your eyes.



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Screenshot of Antarchakshu 2.0, Season 4 an awareness and sensitisation workshops posts shared on the XRCVC website.



# The Xavier's Resource Centre for the Visually Challenged

Breaking Barriers... Achieving Access



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LET'S ALL STAY SAFE BUT



### Antarchakshu® 2.0 Season 4

XRCVC's flagship awareness and sensitisation initiative, Antarchakshu® 2.0 Season 4, has been launched in September 2021 and will run through as a series of online sit-down workshops. Participants will include corporates, students, public sector officials and many others. We wish to thank Dhun Pestonji Parakh Discretionary Trust, Godrej Industries Ltd, Union Bank of India, Viviana Mall, SBI Mutual Fund, Lila K Jagtiani Foundation, Lawrence & Mayo, Mendonsa Foundation and TATA for generously supporting Antarchakshu® 2.0 Season 4.